

# Let's Build Your Program!

Presentations and workshops to fit your organization's needs.

Most  
Requested

## Lay the Foundation to Your Success Project

### What are you building?

- A Fresh Start - College - Fitness & Health -  
Fundraising Skills - Public Speaking - (fill-in-the-blank)

No two *Success Projects* are the same because  
each are tailored to your specific needs.

### Participants will ...

- construct **action steps** and **utilize tools** so they can create and execute a plan that works for them!
- build skills to be **empowered** to reach *and* keep their goals.
- pivot from feeling discouraged to encouraged and proud.



*I coach people, who were  
derailed from the life they knew,  
to move forward into the  
healthy life they want.*

**Coach Beckie**

## Build the Life You Want, Think Like a Project Manager

### Participants will ...

- recognize how project management methodologies can be used to create and execute a plan that will work for them.
- identify one or more of the project management process groups to integrate into their routines.
- assess if incorporating this approach is right for them.

## Before Acceptance Can Begin

### Participants will ...

- examine how to get unstuck after getting derailed from the life they knew.
- decide if they are ready to move forward into the life they want.

**Contact Coach Beckie today to customize the  
presentation that is right for your organization!**

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